

Back to School

BINGO

How to play:

Challenge yourself to get back-to-school ready by moving across the grid horizontally or diagonally. Choose your own path out of the 7 possible journeys (marked with an arrow). Complete each challenge in the boxes on your chosen line to get across the grid. Take a photo of yourself completing the challenges and once you get across to the other side text BINGO to 07904 037525 or email louise@youthadventuretrust.org.uk to claim your certificate and be in with a chance of winning a prize. Good Luck!



Supported by



Wake up before 8am	Write a maths quiz for your friends or family to do (at least 5 Q's!)	Choose your favourite topic & prepare a 3 minute talk or presentation to give to someone who knows nothing about it	Meet up with a school friend online or face to face	Go to a shop and choose a new item of stationary for school
Have a typical school day breakfast at 8am	Do a P.E workout with Joe Wicks on YouTube	Choose a science experiment to do at home- there are examples on websites like sciencefun.org	Do a typical afterschool activity with another person, maybe an art or music session, a kick about in the park or create a dance routine	Set yourself 30 mins relaxation time aside in the evening (read, listen to music, take a bath)
Try on your school uniform, see if it fits okay	Do an art video tutorial on YouTube	Bake something from scratch	Make a playlist of your 5 favourite songs and challenge yourself to walk or run until they're finished playing	After dinner complete a home learning task for 30 minutes set by your school or someone at home
Make contact with someone at your school (e.g. a teacher), you could tell them about your Back to School Bingo challenge!	Watch a David Attenborough documentary	Write a short story or a poem about a trip you've been on	Go without checking your phone for 3 hours between 9am and 3pm	Plan yourself a timetable for during the daytime tomorrow (any activities you want) - and stick to it!
Do your usual journey to school (ask for a lift if you can't get your usual bus)	Read a book of your choice	Draw and colour 3 country's flags that you didn't know before	Go buy a typical school snack or lunch items from a shop	Go to bed before 10pm