



## Young Person Procedures Re Covid-19

We're so pleased to be able to run some activity days this school holiday. We're closely following government and National Youth Agency (NYA) regulations to make sure we run everything safely and minimise any risk, and it's essential that you read, understand and follow the procedures for how things will run.

### **Health:**

Please DON'T ATTEND if;

In the past 7 days you have had:

- A fever
- A new, continuous cough
- Any loss or change to your sense of taste or smell

Please also DON'T ATTEND if you, a member of your household or anyone you have been in close contact with as far as you know has;

- Reported any of the above symptoms in the last 10 days
- Tested positive for Covid-19 in the last 10 days
- Been notified by the NHS Track & Trace system that they have been in close contact with someone with Covid-19 in the last 10 days

### **Arriving at the activity:**

- Please arrive on time and head towards a member of YAT staff who will direct you where to go. If you are dropped off by your parents/carers they should remain in the car when you get out to join us.
- You must maintain social distancing of 2m from everyone. This is the case even if you're in school with someone else there.
- You will be asked to wash your hands / use hand sanitiser.

### **During the session:**

- Where you are assigned to a group, you must remain with that unless specifically asked otherwise by a member of staff.
- Social distancing will apply throughout all activities, lunch and any breaks.
- Please do not share items with others, including sharing food or drinks. Any equipment that needs to be shared will be wiped with antibacterial cleaner between users.
- You may be asked to wash your hands / use hand sanitiser by staff during the session and if this happens please follow their requests.
- If you need to cough or sneeze, please cover your mouth and nose with a tissue or your elbow. Put used tissues in the bin straight away and then wash your hands.

- If you wish to use the toilet, you will need to check with a member of staff to ensure there is no one else already using it. You will need to use hand sanitiser on entry and exit, as well as thoroughly washing your hands.

**At the end of the session:**

- Please use hand sanitiser.
- Keep your distance from other people and leave directly and quickly.
- If you are being collected by parents/carers they should wait in the car until you join them.

**Face Coverings:**

- A face covering won't be compulsory to wear during the outside activities, but there may be times where it is needed and therefore it is essential that you bring one. You are welcome to wear one the whole time if you would like to. If for any reason you're unable to use a face covering please let us know before the day.

**What to bring:**

- A face covering
- A packed lunch and two drinks – no energy drinks or lots of sweets please
- Plenty of warm clothes suitable for a day outdoors – a warm jumper, hat and some gloves
- A waterproof warm coat
- Waterproof trousers if you have them
- A spare change of shoes (make sure shoes are suitable for a muddy environment) or a pair of wellies

We're sure you'll understand why we need to take all these steps and will follow them fully on the day. Thanks for your help in making sure things run smoothly and safely for everyone.