



## Parent/carer and young person COVID-19 Related Procedures NYA Readiness Level GREEN (as of 6th September 2021)

We're closely following government and National Youth Agency (NYA) regulations to make sure we run everything safely and minimise any risk, and it's essential that you read, understand and follow the procedures for how things will run. Although the Readiness Level for youth activities is currently at green, meaning regulations have been relaxed, we would still like young people who attend to follow some guidelines.

### **Before the day:**

Young person **MUST NOT ATTEND** if;

- In the past 10 days they have had:
  - A fever
  - A new, continuous cough
  - Any loss or change to your sense of taste or smell
  
- Tested positive for Covid-19 via a lateral flow or PCR test in the last 10 days

***Whilst household members of anyone testing positive for COVID-19 are no longer required to self-isolate if they are double vaccinated or under 18, for everyone's safety we request young people complete a PCR test if someone within their household tests positive for COVID-19 before attending.***

### **After the day:**

Parents must inform YAT immediately if their young person receives a positive COVID-19 test result within 10 days of attending the Activity / Pathway Day.

If a young person develops symptoms following attendance they should immediately self isolate, arrange a PCR test ASAP and notify the Programme Manager.

For further information please see: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

### **Travelling to and arriving at the activity:**

- Please arrive on time and head towards a member of YAT staff who will direct each young person where to go. If they are dropped off by parents/carers we ask that they remain in the car whenever possible.
- If young people are travelling on coach or taxi we require young people to wear a face mask for the duration of the journey unless they are exempt.
- Young people will be asked to wash hands / use hand sanitiser on arrival.

**During the session:**

- When young people are assigned to a group, they must remain with that group unless specifically asked to do otherwise by a member of staff.
- We will encourage social distancing throughout all activities, lunch and any breaks.
- Young people must not share items with others, including food or drinks.
- Young people will be asked to wash hands / use hand sanitiser by staff throughout the day.
- If a young person needs to cough or sneeze, we ask that they cover their mouth and nose with a tissue or use their elbow. Tissues need to be placed in the bin straight away and that young person will need to wash their hands.
- If a young person needs to use the toilet, they will have to check with a member of staff to ensure there is no one else already using it. Young people will need to use hand sanitiser on entry and exit, as well as thoroughly washing their hands.

**At the end of the session:**

- Young people will be requested to use hand sanitiser.
- We will ask young people to keep their distance from others and leave directly and quickly.

**Face Coverings:**

- A face covering won't be compulsory to wear during the outside activities, but there may be times where it is needed and therefore we ask that young people bring one to the day. Young people are welcome to wear one the whole time if they would like to. If for any reason they are unable to use a face covering please let us know before the day.  
**Please remember to bring a face covering with you on the day.**

NB If the government or NYA update national guidance and policy we'll act promptly and adjust our guidance to reflect the updated changes. You will be notified by a YAT Programme Manager if we have to make any changes before your young person's day with us.

We're sure you'll understand why we need to take all these steps and we ask that young people respect these measures on the day.

Thanks for your help in making sure things run smoothly and safely for everyone.